

Subud PNW Regional Member Resource Sheet

[Created April 2025]

❖ Regional Call-in Latihan Times and Numbers

Subud Pacific Northwest Region - How to Call In:

Men and women have separate numbers:

WOMEN'S Dial-in Number: (605) 313-5671 Meeting ID: 5402035

MEN'S Dial-in Number: (267) 807-9598 Meeting ID: 672-884-087

[Latihan is sometimes followed by general testing, check in, or personal testing.]

Call-In Latihan times:

Sundays

Women: 10:00 am Pacific/11 am Mountain time. Quiet on the hour. Latihan at quarter after.

Men: 11:30 am Pacific/12:30 pm Mountain time. Quiet at 11:30. Latihan at 11:45.

Thursdays

Women: 11 am Pacific/12 Mountain time. Quiet on the hour. Latihan at quarter after.

Men: 8 pm Pacific/ 9pm Mountain time. Quiet on the hour. Latihan at quarter after.

Personal testing: We ask that members give us one week's notice to arrange for other regional helpers to be present.

❖ Subud Library containing Bapak and Ibu Rahayu talks and books by Bapak

NOTE: The library can only be accessed by Subud members who have an active account with user name and password. To obtain your access please

1. Go to: <https://subudlibrary.net/>
2. Click "Enter Library" which contains the Library Security Check.
3. You will see the following directions and a link where you may request access:

"If you are a Subud member who has not yet registered and would like to, [click here](#) to complete and submit a library security registration form. We will set up an account for you and email you when your account has been activated (usually within 24 hours)."

4. Fill out the form online and wait to receive the email to activate your account.

❖ Daily Bapak/Ibu Talks

Subud Indonesia presents Bapak/Ibu talks twice daily, every day throughout the year. Here's when and how to access the daily talks:

Daylight savings time (West Coast): 6 am and 6 pm ; (East Coast): 9 am and 9 pm

Join the call

Meeting ID: 6464478692; Password: subud

Or, click on zoom link:

<https://us02web.zoom.us/j/6464478692?pwd=c1YxZEIkeK1ZSUpiUIM1SkhiM292UT09>

❖ Subud Websites and Newsletters:

Subud Greater Seattle: <https://www.subudgreaterseattle.com/>

Subud Pacific Northwest: <https://subudpnw.org/>

Subud USA: <https://www.subudusa.org/>. [to subscribe to the SUSA "Weekly Update", send email to info@subudusa.org

If your contact information changes (name, email, and/or phone number) please update it with the Subud USA office. Fill out the contact form on the website: <https://www.subudusa.org/contact-us>

Subud PNW Kejiwaan Retreat at the Seabeck Conference Center Sept. 11-14, 2025



SAVE THE DATE!

**Subud Pacific Northwest 2025
Kejiwaan Gathering
Sept. 11 - Sept. 14, 2025**

Our new "Menucha" will be in beautiful Seabeck, WA: 90 acres with sweeping views of Hood Canal and the Olympic Mountains. Join us for great latihan, insightful testing, inspiring conversations, reflective solitude, fabulous entertainment, comfortable beds and wonderful amenities!



EARLY BIRD REGISTRATION COMING SOON

\$20 DEPOSIT ACCEPTED AT REGISTRATION TO HOLD LODGING